

Student With Diabetes Responsibilities Checklist

- Wear your Medic Alert identification at all times during the school day.
- Recognize symptoms of a low or high blood sugar reaction and can take age-appropriate action to treat the symptoms.
- Take responsibility for proper eating habits.
- Take responsibility for bringing and looking after your blood glucose monitoring and insulin injection apparatus, including proper disposal.
- Have an age-appropriate understanding of how to administer the blood glucose monitoring system, blood testing, insulin injection and safe disposal of lancets and needles.
- Take age-appropriate responsibility in providing self-administration of appropriate low blood glucose treatment.
- Promptly inform an adult as soon as symptoms appear or when you are generally feeling unwell.